

Multi-Sport Curriculum Mapping Guide

Delivering High-Impact PE and Character Education

Target Groups: EYFS, KS1, and KS2

Developed by: The Coaching Team (Antony, Dale, Chris, Matt, and Nick)



Our Educational Intent

Our programs are designed to fulfil the National Curriculum Purpose of Study: to provide a high-quality physical education that inspires all pupils to succeed and excel in competitive sport and other physically demanding activities.

We focus on the "Whole Child," mapping our lessons across three domains:

1. Physical: Developing competence and confidence in movement.
2. Cognitive: Developing tactical awareness and decision-making.
3. Social/Emotional: Developing character, resilience, and respect.

Mapping by Sport

JUDO & KARATE (Combat & Movement)

Focus: Personal Challenge, Agility, and Discipline.

- KS1: Mastering basic movements (rolling, balancing), developing core strength, and following complex instructions.
- KS2: Developing flexibility and control. Pupils learn to use an opponent's force (tactical defence) and perform movement patterns (Katas) with precision.
- Curriculum Links: Flexibility, Strength, Technique, Control, and Balance.

FENCING (Agility & Strategy)

Focus: Speed, Reflexes, and Respect.

- KS1: Improving hand-eye coordination and spatial awareness through "Parry and Riposte" games.
- KS2: Applying attacking and defending principles. Pupils learn the "priority" rules, requiring rapid evaluation of an opponent's intent.
- Curriculum Links: Agility, Coordination, Competitive Play, and Tactical Thinking.

ARCHERY (Focus & Precision)

Focus: Concentration, Posture, and Numeracy.

- KS1: Developing fine motor skills and the ability to stay still and focused.
- KS2: Understanding the mechanics of draw and release. Pupils analyse their own performance to improve accuracy.
- Curriculum Links: Evaluating Performance, Personal Bests, and Mental Focus.

BASEBALL (Teamwork & Tactics)

Focus: Striking, Fielding, and Communication.

- KS1: Developing basic striking and throwing skills. Learning to play as part of a team.
- KS2: Advanced fielding positions and baserunning strategy. Pupils must communicate effectively to get "outs."
- Curriculum Links: Striking & Fielding, Collaborative Teamwork, and Competitive Tactics.

The "School Games Mark" Pathway

We support schools in achieving their School Games Mark (Bronze to Platinum) by providing:

- Level 1 Competition: A formal, intra-school tournament at the end of every 5-6 week block.
- Inclusive Engagement: Specific strategies to involve "SEND" and "least active" pupils.
- Exit Routes: Clear signposting to local Northwest clubs for sustained participation.

Safeguarding & Quality Assurance

Every session is delivered under strict professional standards:

- Coaches: NGB Level 2+ Qualified, Enhanced DBS, First Aid, and Safeguarding trained.
- Equipment: All PPE and sports-specific equipment (Suits, Mats, Bows, Masks) provided and safety-checked.
- Insurance: Comprehensive Public Liability Insurance for all school settings.